

Abstract

Activated carbon adapted for electric double layer capacitors is provided, which capacitors can give a large power density per unit volume and which capacitors, even when charge-and-discharge cycle is repeated under a large current or a constant voltage is continuously applied for a long time, undergo less decrease in output density.

That is, the present invention relates to the activated carbon manufactured by carbonization of coconut shell, which has a BET specific surface area of 2000 m²/g to 2500 m²/g, an average pore diameter of 1.95 nm (19.5 Å) to 2.20 nm (22 Å) and a pore volume of pores having a pore diameter calculated according to a Cranston-Inkley method of 5.0 nm (50 Å) to 30.0 nm (300 Å), of 0.05 cm³/g to 0.15 cm³/g.